

BLAZING MOUNTAIN RETREAT CENTER

— *Crestone, Colorado* —



www.blazingmountain.org

The **Blazing Mountain Retreat Center** (BMRC) is located in Crestone, Colorado, a location known for its natural beauty and as a powerful place for spiritual retreat.

With the majestic Sangre de Cristo Mountains at its backdoor, retreats at BMRC deeply connect participants to the brilliance of the natural world. Designed to support deep inner work in a pristine environment, BMRC is an ideal facility for longer retreats, workshops, or training courses. The retreat center campus is comprised of a two-level Main Hall and a separate three-level Residence Hall that provide a unique environment for undisturbed inner exploration. With comfortable lodging, nutritious meals, and an online registration system, Blazing Mountain is available for rental with a range of services and amenities tailored to your program needs.





Of the two buildings that comprise the Blazing Mountain Retreat Center campus, the Main Hall is the primary facility for group practice.

Designed to create an atmosphere of spaciousness and sky-like mind, the Main Hall is one of the premier group retreat spaces available in the country. The building's main feature is its spacious 3,000 square foot Meditation Hall.

From within this magnificent space, participants enjoy breathtaking views of the San Luis Valley from the western and southern windows and stunning views of the Sangre de Cristo peaks to the east. A large covered deck on the west side of the Main Hall makes a wonderful outdoor practice space and offers stunning views of the San Luis Valley.

AUXILIARY ROOMS

In addition to the spacious Meditation Hall and stunning landscape, the Main Hall also includes facilities to support a variety of retreat requirements, including private quarters for program leaders, break-out rooms, and a functional business office.



Teacher's Retreat Quarters

The private teacher's quarters adjacent to the Meditation Hall are a wonderful space for teachers and retreat leaders to enjoy privacy, convene small meetings, and nourish themselves during retreat, with a kitchenette, a private bathroom including a shower, and access to the internet and telephone.



Business Office

A private downstairs business office provides plenty of space for retreat coordinators to set up operations and conduct the business of retreat. Access to high-speed internet, telephone, fax, photocopier, and other business amenities make it possible to administer large retreats with ease, and provides a point of access for participants to communicate easily with the outside world.



Meeting Rooms

There are seven auxiliary meeting rooms located on the first floor of the Main Hall. Typically, these classrooms are used for discussion groups and break-out sessions during larger events. An additional lounge area provides a quiet resting/meeting room for participants. In addition to these rooms, a smaller private room is available upstairs. This space also makes a perfect healing room for massage and other modalities.

MAIN HALL FACILITIES & SERVICES

Meditation Hall

Upstairs meditation hall space (3000 sq ft), including the use of meditation cushions.

Teacher's Private Retreat Quarters

Upstairs office (250 sq ft) with telephone, high-speed internet access, kitchenette, and private bathroom/shower.

Teacher's Interview Room

Upstairs room (125 sq ft) for private meetings.

Large Meeting Room

Large dividable room (500 sq ft) on the lower level.

Medium Meeting Room

Medium room (250 sq ft) on the lower level.

Small Meeting Room

Small room (150 sq ft) on the lower level.

Lounge

A quiet meeting room (300 sq ft) on the lower level furnished with chairs and couches.

Business Office

A private business office (350 sq ft) with access to high-speed internet, telephone, fax, photocopier, and other business amenities.

Audio Equipment

BMRC's state-of-the art audio/visual system includes ear-piece microphones, assisted listening devices, and live streaming to external audiences as well as to other rooms in the Main Hall building.

ONLINE REGISTRATION SYSTEM

Our online registration system makes retreat administration easy. Using our system, participants can complete all aspects of the registration process including program registration, choosing room and meal options, online scholarship application, and payment. For this optional service, please contact us for further information.

More information at www.blazingmountain.org



We are committed to sourcing the healthiest possible local, sustainable, and/or organic whole foods available to us from farms and suppliers in Crestone, the San Luis Valley, and the Rocky Mountain region.

In the kitchen, we prepare food in ways that are nutritionally balanced, beneficial to health and practice, and take into account all dietary preferences and restrictions. Our relationship to the kitchen is as a space of practice, acknowledging the kitchen's energetic and physical impact on participants, teachers, and the program container as a whole. With years of experience cooking for retreats both large and small, our kitchen staff is skilled at serving menus that are of the highest quality, nutrition, and taste.

BMRC provides buffet-style breakfast, lunch, and dinner, including preparation and cleanup. A hot drink station is also provided with hot water urn, coffee urn, and a variety of snack offerings including breads, spreads, and other snacks.

Our menus are gluten- and dairy-free, and our meats are antibiotic- and hormone-free, unless otherwise noted. BMRC works with the following local producers and companies to provide the highest quality food for our guests: Cho Ku Rei Ranch, Blue Range Ranch, Salazaar Meats, Valley Pheasants, Grower's Organic, and Scanga Meats.

SAMPLE MENU 1

Breakfast

*Scrambled eggs
Steel-cut oatmeal
Sautéed vegetables
Seasonal fruit*

Lunch

*Thai Green curry
with chicken or tofu
Eggplant and pepper stir-fry
Quinoa
Spring greens salad
with lime-cilantro vinaigrette*

Dinner

*Butternut squash soup
Waldorf salad
Steamed green beans with
lemon dill dressing*

SAMPLE MENU 2

Breakfast

*Hard-boiled eggs
Teff cereal
Gluten-free banana almond muffins
Breakfast beans*

Lunch

*Buffalo burgers and black bean lentil burgers,
with fresh toppings and condiments
Gluten-free rolls
Fresh coleslaw
Sweet potato fries
Spring greens with ginger-orange vinaigrette*

Dinner

*Roasted tomato-basil soup
Fresh-baked gluten-free bread
Roasted cauliflower*



RESIDENCE HALL



The Residence Hall is designed to provide inviting and practical accommodations at Blazing Mountain Retreat Center.

Located just 200 yards from the Main Hall, participants enjoy easy access to retreat activities and dining. Our rooms are designed to accommodate any budget, ranging from single and double rooms with private baths to dorm-style accommodations.

AUXILIARY ROOMS



Common Areas

The Residence Hall also offers a variety of spaces for deepening relationships, facilitating group practices, strengthening community, and enjoying the breathtaking environment. Each of the three levels has an open common area in which participants can rest, relax, and enjoy conversation with other participants.



Meditation Studio

The 292 square-foot Meditation Studio is the perfect place to hold practice for smaller groups. For smaller retreats, this can be used as a main practice room. For larger retreats, the Meditation Studio makes an excellent overflow or auxiliary space for meditation, yoga, or group meetings.



Special Diet Kitchen

While our kitchen goes to great lengths to ensure a healthy, allergen-free diet, we do recognize that it is sometimes medically necessary for participants to prepare their own food. To meet this need, there is a Special Diet kitchen located on the lower level of the residence hall with everything needed to prepare food for a small number of people.

ROOM TYPES

Rooms with Community Restrooms

Full Room: *Private room with one full bed*
Number of rooms: 2

Twin Room: *Private room with one twin bed*
Number of rooms: 6

Double Room: *Private room with two twin beds*
Number of rooms: 7

2-Person Dormitory: *Two twin-bunks per room*
Number of rooms: 7

4-Person Dormitory: *Four twin-bunks per room*
Number of rooms: 5

12-Person Dormitory: *Twelve twin-bunks per room*
Number of rooms: 2

Rooms with Private Restrooms

Queen Suite: *Private room with one queen bed*
Number of rooms: 3

Full Suite: *Private room with one full bed*
Number of rooms: 4

Twin Suite: *Private room with one twin bed*
Number of rooms: 4

Double Suite: *Private room with two twin beds*
Number of rooms: 3



For more information on hosting your event at Blazing Mountain Retreat Center, please contact our Rental Manager at **rentals@blazingmountain.org**.

Blazing Mountain Retreat Center's beautiful meeting rooms, modern lodging facilities, state-of-the art audio/visual capacity, and high quality food service support you in offering a meaningful retreat that's a world away from daily life.

Learn more and check availability at **www.blazingmountain.org**.

